

Annual Report 2016



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I- Introduction

In view of the on- going events in the region a return to the Arab Human Development report 2016 highlights the actual situation and suggested solutions.

“It calls for a new youth-oriented development model that focuses on simultaneously on building people’s capabilities and expanding opportunities available for them. The former requires reform in policies and essential services that affect young people’s education, health and their ability and readiness to earn a living.” “The Report considers the achievement of peace and security at national and regional levels as a prerequisite for a future fit for youth, and it sees a central role for youth in peace-building efforts that are critical for establishing sustainable peace.”

However, what we are witnessing in the whole region is additional violence not encouraging for peace, stability, security and not to forget human development.

II- Family Happiness Project

1-Sponsorship: This project has been the first step BAS started in supporting Palestinian families through the sponsorship program that completed its 40th year. In addition to the above, there are sponsorships for Palestinian children from Syria, elderly people and kindergarten kids.

2- Social services: social services naturally go parallel to any sponsorship project providing diverse benefits to the families of the sponsored children tackling problems they face in addition to referrals to other psychological, medical, educational and other available services and recreational activities. Hence, the social workers cooperate with the staffs of all projects to secure the wellbeing of the families.

Beneficiaries of the social work are orphans, widows, broken families, children with disabilities or learning difficulties, fathers in prison or with chronic diseases etc...

Accordingly, social workers represent the heart of the organization and thus are in need for capacity building to empower their potentials and improve their professionalism and techniques. A project titled: Potential for Human Development (PHD) was implemented during the year 2016, covering life skills as well as professional skills. The capacity building program funded by MAP and WELFARE association covered the following topics:

- Child protection
- Specialized social interview
- Practice methods with children and families
- Practice methods with groups
- Practice methods with the community
- Child protection official procedures
- Positive communication skills
- Conflict resolution and the role of social worker
- Anger and stress management
- Warning signs
- Self improvement during professional intervention
- Creativity work.

NISCVT, worked hard to strengthen relationships with other NGOs’, INGOs’ and governmental sectors. Positive outcomes were achieved through contacts with the Ministry of Justice and the Union for Child Protection, to protect some children. The Ministry of Education helped in registering some Syrian children in public schools, while the contact with the Ministry of Interior was to follow-up legal status for some families.

NISCVT, being a member in the Arab Social Work Association (SWA), participated in its fourth conference held in Beirut and presented a paper titled “Difficulties that faced social work “ that was published in SWA scientific magazine (study outputs and recommendations were adopted by the Ministry of Interior)

A second conference held in Doha, Qatar by Doha Institute of Family (DIFI). A paper was presented titled “The impact of Psychosocial support techniques on building resilience of Syrian children refugees in Lebanon”.

a-PRL Sponsorship 2016

Center	No. of children	Females	Males	No. of Families
Burj El-Barajneh	126	72	54	61
Shatilla	116	60	56	56
Mar-Elias	51	29	22	23
Ein El-Helweh	126	65	61	64
El-Buss	58	34	24	30
Burj-ElShemali	155	80	75	67
Rashidieh	97	52	45	53
Naher El-Bared	134	70	64	69
Beddawi	85	44	41	48
Baalbek	63	29	34	40
TOTAL	1011	535	476	511

b-Sponsorship: Palestinian Refugees from Syria 2016

Center	No. of Children	Females	Males	No. of Families
Burj El-Barajneh	15	7	8	6
Shatilla	9	5	4	5
Naher El-Bared	9	5	4	5
Ein El-Hewleh	24	14	10	14
Rashidieh	13	7	6	7
Burj El-Shemali	23	11	12	11
Al-Buss	5	3	2	2
Baalbek	16	6	10	9
TOTAL	114	58	56	59

c- KGs sponsorship 2016

Center	No. of Children	Females	Males
Burj El-Barajneh	28	14	14
Shatilla	34	17	17
Beddawi	37	19	18
Naher El-Bared	44	19	25
Ein El-Helweh	58	31	27
Rashidieh	38	20	18
Burj El-Shemali	35	14	21
TOTAL	274	134	140

KG sponsorship by country

Country	No. of children
Finland	27
Germany	122
Switzerland	125
TOTAL	274

Total number of sponsored children during 2016 was 1397, F 727 (52%) M 672 (48%)

d- Sponsorship for the elderly 2016

Center	No. of Elderly	Males	Females
Burj El-Shemali	8	4	4
Baalbeck	7	3	4
Shatila	3	1	2
Burj EL-Barajneh	2	1	1
TOTAL	20	9	11



3-Activities

The diverse activities are meant for all beneficiaries; children, youth and women including families of Palestinian Refugees from Syria PRS. The following tables specify the kind of activities as well as the number of beneficiaries according to gender.

a- Cultural Activities

	Number	participants	Females	males
Cultural groups & libraries	57	1131	626	Activity
Lectures & workshops	341	5522	4372	1150
Exhibitions/theater/TV	45	3956	2070	1886
Competitions	13	1213	744	469
Other	10	560	336	224
TOTAL	466	12382	8148	4234

b- Art Activities

Activity	Number of groups	Participants	Females	Males
Dabkeh	7	82	44	38
Singing Choirs	7	118	69	49
Musical Bands	29	375	205	170
Drama/theater	5	94	49	45
Handicraft	24	444	291	153
Drawing	23	409	248	161
Photography	3	38	9	29
Brass bands	3	15		15
Comic drawing	12	127	115	12
TOTAL	113	1702	1030	672



c- Scouts

Groups	Members	Females	Males	Leaders	females	Males
13	291	160	161	36	21	16

d- Sports

Activity	Teams	Members	Females	Males	Coaches	females	Males
Football	4	61	-	61	3	-	3
Running	5	90	35	55	3	1	2
Ping Pong	4	45	18	27			
Basket ball	1	14	-	14	1		1
TOTAL	14	210	53	157	7	1	6

e- Different Activities

Kind of Activity	Number	Participants	Females	Males
National events	73	7056	3876	2830
Abroad visits	6	10	6	4
Ramadan dinners	26	1378	855	635
Summer activities/camps	18	1932	951	842
Local events	30	4595	2968	1627
Festivals/films	31	2127	1088	1039
Picnics	62	4573	2434	2139
TOTAL	246	21671	12178	9116



f- Mothers' Activities: Family Happiness Program

Kind of activity	Number of Participants
Monthly meetings	1649
Mothers' day	827
Picnic/films/theater/exhibitions etc...	977
National events/Sabra & Shatilla commemoration	1203
Lectures	2661
Ramadan dinners	599
Workshops	411
Women in the society/empowerment	947
Other/ social visits, campaigns/ picnics etc..	1350
TOTAL	



g- Embroidery Project: This is an income generating project meant to enable some women to provide extra income to their families and at the same time preserve part of our Palestinian heritage and pass to the new generations and stop the Israelis efforts in trying to steal it and claim it part of their own culture.

The project that started in 1987 is still providing work opportunities for women in different camps and their production include diverse items with different beautiful and colorful designs.

Number of women who benefit from the project is about 75 from the camps of Beirut, Rashidieh and Naher El-Bared, this includes refugee women from Syria. Embroidery staff includes two full time workers, two part times and one volunteer. Number of items produced during 2016 was

The embroidery workshop participated in 2016 in the following exhibitions:

- Land day at UNESCO palace
- Nimer Palestinian cultural center.
- Beqaata exhibition in Chouf area.
- ESCWA exhibition in Beiurt Souk.
- Displayed some items during the FGC annual conference.

Visitors come to the embroidery center from different countries such as: Finland, Norway, Italy, USA, Japan, Germany, France and Malaysia. Marketing the production is done through our friends mainly in Japan, Germany and Switzerland and other countries.



III- Educational services

1- Preschool education

a- Kindergartens The overall objective of early education is to provide healthy development of Palestinian and refugee children from Syria in Lebanon through educational services, which support the normal age-specific activities of the child through the following services:

- Pre-school education
- Parenting support
- Informal learning and peer support

Pre -school educational services are provided to seven kindergartens in seven camps, that includes cooperation with the families. In addition a referral system to other services provided to the children and families.

Children attended successfully the educational activities, the parents feel supported and siblings have taken part in the cooperation. Children have better readiness to education and working life. Through the project, NISCVT has developed the local network for services. The expertise of NISCVT in matters concerning the Palestinian families in Lebanon deepened and is used in advocacy work.

Number of KGs children according to Nationalities and Gender 2015-2016

Center	No. of children	PRL	PRS	Syrian	other	Female	Male
Shatilla	84	63	6	14	1	41	43
Burj El-Barajneh	90	45	11	34	-	49	41
Eim El-Helweh	127	74	40	13	-	67	60
Burj El-Shemali	125	92	32	1	-	63	62
Rashidieh	96	70	26	-	-	46	50
Naher El-Bared	74	73	1	-	-		
Beddawi	105	37	6	41	21	56	49
TOTAL	576	454	122	103	22		



b- Parenting Support

During the scholar year 2015 – 2016, NISCVT ensured to organize several awareness sessions for PRL, PRS and Syrian families to tackle significant social, psycho-social and even common health problems that they were encountering during PRS and Syrian families stay in the camps. All the children’s families have access to all NISCVT services and our **social worker teams** were maintaining close follow ups with the families to ensure that the children are living in good conditions by offering them their basic needs. Currently, all NISCVT dental, mental and reproductive health clinics are open free of charge for PRL, PRS and Syrian families, a very helpful support. Special sponsorship program as a part of social work can change the life of the child and give hope to the whole family.”

Parental awareness sessions and activities 2015-2106

Sessions Topics Activities	Southern camps	Shatila/ Barajneh	Northern camps
Psycho-social/health topics (<i>breastfeeding, personal hygiene, diabetes, anemia, cancer, healthy diets, autism, general health topics</i>)	18 sessions 244 mothers	18 sessions 244 mothers	6 sessions 325 mother
Dental health (teeth protection)	2 sessions 160 mothers	1 session 70 mothers	
Recreational activities for mothers	3 sessions 397 mothers	2 sessions 179 mothers	4 sessions 234 mothers



c- Recreational Activities for the Children 2015-2106

Activities	Southern camps	Shatilla/Barajneh	Northern camps
Activities (<i>bakery, red cross supermarket, fruits and vegetables stores, farm, fish market, tailor, grocery store...</i>)	60 sessions all children in our centers	65 sessions all children in our centers	60 sessions all children in our centers
Field trips (<i>public garden, fun fair, river, zoo, kidsmondo</i>)	14 sessions all children in our centers	10 sessions all children in our centers	10 sessions all children in our centers
Health check-ups (<i>dental, and general health</i>)	12 sessions all children in our centers	6 sessions all children in our centers	6 sessions all children in our centers
National Activities (<i>Earth day, Nakba day, solidarity with Gaza, Balfour declaration, Martyr's day.</i>)	27 sessions all children in our centers	22 sessions all children in our centers	8 sessions all children in our centers
Special occasions (<i>mother's day, child's day, reading day, women day, child protection...</i>)	6 sessions all children in our centers	12 sessions all children in our centers	8 sessions all children in our centers
Gifts distribution (<i>Christmas toy, Toms shoes, jackets, Water bottles...)</i>)	8 sessions all children in our centers	11 sessions all children in our centers	10 sessions all children in our centers

d-Teachers' Trainings

The trainings for the KGs teachers had positive impacts on their teaching methods and skills. The kindergarten teachers participated in **12 training sessions** during the **summer vacation 2015** and they also received **five days** intensive training at the **American University of Beirut**. The training highlighted the importance of an integrated curriculum which allows the children explore their environment and learn from it. As for the coordinator of the project, Mrs. Rania Khartabil and two other teachers from the different camps, registered in the **American University of Beirut** during **fall 2015-2016** and participated in an intensive course regarding pre-primary education. The course was extremely beneficial and empowered the teachers and the coordinator to acquire new teaching skills to implement in NISCVT curriculum.

All NISCVT teachers attended a training session about " Child Abuse" In January 2016 and other sessions will be held soon to tackle and cover this crucial topic and ask them to sign a **code of conduct** after they receive the appropriate required training sessions.

During the summer of 2016, **CCP – Japan** "Campaign for Children of Palestine" supported a series of workshops that tackled preschool education topics which was an added value to their skills.

2- Vocational Education:

This education is increasingly becoming a vital program in the agenda of the organization. As usual two kinds of training courses are provided. The first; at our centers those are intensive courses for four or six months, and the other provide scholarships in specialized institutions, where the students receive official certificates. The vocational education is available for both boys and girls as indicated in the below tables, in addition to PRS youth.

a- Vocational training inside the centers

Training	Courses	students	Females	Males	teachers	Females	Males
Computer/English	1	19	17	2	3	2	1
Hair dressing	3	45	45	-	1	1	
Aluminum works	1	15	-	15	1		1
Barbery	1	27		27	1		1
Cellular maintenance	1	20		20	1		1
Graphic design	1	15	11	4	3	1	2
Sanitary works	1	20		20	1		1
TOTAL	9	161	73 (45%)	88 (55%)	11	4	7

B-Vocational training outside the centers in specialized Institutions

Specialty	No of students	Females	Males
KG education	4	4	
Electronics	8		8
Business administration	11	7	4
Photography	1	1	
Car mechanics	4		4
Nursing	4	2	2
Hotelier	4	1	3
Secretarial works	1	1	
Hair dressing and make up	13	10	3
Aluminum works	2		2
Office equipment maintenance	1		1
Informatics	4	2	2
Electric installation	6	1	5
Industrial mechancis	3		3
Interior decoration	1	1	
Architectural drawing	1		1

Carpentry	1		1
Barbary	2		2
Fashion design	1	1	
TOTAL	72	31 (43%)	41 (57%)



3- Remedial Education & classes for school dropouts

a- Remedial Education

Center	Children	Female	Male	Classes	teachers	Female	Male
Burj El Barajneh	130	71	59	6	2	2	
Rashidieh	84	47	37	4	4	4	
Burj El-Shemali	51	28	23	3	3	2	1
Shatilla	46	24	22	3	3	3	
Ein El-Helweh	57	25	32	3	3	3	
Naher El-Bared	54	24	30	3	3	3	
Baalbek	95	40	55	5	5	4	1
TOTAL	517	259	258	27	23	21	2

b- Classes for school dropout students & those with special needs

Center	Classes	Students	Female	Male	Teachers(females)
Ein El-Helweh	1	11	11		1
Burj El-Shemali	1	11	11		2
Beddawi	1	19	10	9	1
Baalbek	1	10	10		1
TOTAL	4	51	42	9	5



Health Services

1- Pediatric clinic in Naher El-Bared

This pediatric clinic supported by Dr. Loubani is providing an essential need to the children of this camp including Palestinians from Syria, Syrians and Lebanese living in the surrounding areas. The clinic provides treatment and information through a planned awareness program for mothers to secure the wellbeing for both children and mothers.

The clinic is run by a pediatric doctor, a nurse and a clerk. Cooperation with other clinics in the center is essential, by referring cases to the dental and reproductive health clinics in addition to those in need for psychological follow-up. Accordingly, health services in this camp are practically satisfactory for the children and mothers.

a- Number of patients per nationality and gender:

Month	PRL		PRS		Syrians		Lebanese		Total		Total
	M	F	M	F	M	F	M	F	M	F	
January	196	149	20	22	2	3	6	2	220	180	400
February	287	201	30	29	1	2	5	7	323	239	562
March	228	171	15	17	1	4	1	5	249	193	442
April	219	188	14	14	2	0	5	5	240	207	447
May	204	162	16	12	1	1	6	7	227	182	409
June	184	132	14	0	2	2	0	0	200	143	343
July	149	98	7	17	5	3	4	2	165	120	285
August	246	168	14	9	4	0	3	7	267	184	451
September	181	126	7	10	2	2	2	3	192	141	333
October	176	123	9	11	0	3	4	6	189	143	332
November	224	207	6	23	1	2	3	9	234	241	475
December	104	64	8	7	6	1	3	1	121	73	194
Total:	2398	1789	160	171	27	23	42	54	2627	2046	4673

b- Number of patients by pathologies/month:

Pathologies	Jan.	Feb.	M.	Ap.	May	June	July	Aug	Sp	Oct	Nov	Dec	total
Allergic Disorders	14	29	25	23	27	19	8	14	5	3	11	2	180
Ear infections	0	1	0	0	0	0	0	0	0	0	0	0	1
Respiratory problems	152	165	138	146	131	102	57	116	120	130	177	80	1514
Digestive problems	41	59	60	69	62	57	43	82	45	27	35	18	598
Blood diseases	2	7	12	21	14	9	4	8	3	3	1	1	85
Cardio vascular	0	0	0	0	1	0	0	1	0	1	1	0	4
Nervous System Disorders	0	1	0	2	0	0	0	2	0	1	1	0	7
Infectious Diseases	147	244	154	134	129	120	121	165	122	116	203	67	1722
Urinary System	0	0	0	0	0	0	0	1	0	0	0	0	1
Oral diseases	1	0	2	2	0	2	4	7	4	1	3	0	26
Skin disorders	3	2	5	4	2	6	1	4	1	6	7	1	42
Endocrinal Disorders	0	1	0	0	0	0	0	2	0	0	0	0	3
Surgical diseases	1	2	1	0	1	0	0	0	0	0	2	0	7

Traumatic Disorders	1	0	1	1	1	0	1	5	0	4	1	0	15
Rheumatic Diseases	0	0	0	0	0	0	1	0	0	1	0	0	2
Nutritional problems	2	1	0	0	1	0	2	0	0	0	0	0	6
Psychiatric Disorders	0	0	1	2	3	1	1	0	0	0	0	6	14
Neonate Disorders	11	23	31	26	19	12	18	20	20	17	16	13	216
Normal	25	27	11	17	18	14	24	24	12	22	17	6	217
Metabolic Disorder	0	0	0	0	0	0	0	0	1	0	0	0	1
Immunity System	0	0	0	0	0	1	0	0	0	0	0	0	1
Growth disorders	0	0	0	0	0	0	0	0	0	0	0	0	0
Total	400	562	442	447	409	343	285	451	333	332	475	194	4673



C-Awareness sessions for mothers

Sessions	Participants
Children's Risk of high temperatures	11
Proper nutrition for children	14
Bronchitis	36
Children's Hyperthermia	16
Miss of drugs and its complications	14
Nutrition	12
Personal Hygiene	13
Children's Anemia	15
Hyperemia	19
Diarrhea and Vomiting	17
Hepatitis	18
Hepatitis for new born	20
Lice infection & Personal Hygiene	33
TOTAL	238



2-Dental Clinics

1. INTRODUCTION

2016 has been exceptionally a busy year as our services were extended to serve the Palestinian refugees from Syria in addition to refugees in the Palestinians of Lebanon. In total, the program served 11000 individuals, 8000 of whom were children.

New models in treatment and health promotion were introduced, with a special focus on prevention by establishing healthy habits, particularly among children. Our health educators are continually creating oral health champions in the community by improving the eating, drinking, and brushing habits of children and influential adults in their lives, such as teachers and mothers.

We are thankful for the ongoing dedication, advice, and support of many individuals and organizations, without which this work would not be possible. Thanks to the executive team and our supportive friends from different NGOs for keeping the organization on track as we strive to achieve our strategic goals.

2. KINDERGARTEN SCHOOL PROGRAM

The school-based dental health program integrates dental care into the school routine as part of the comprehensive daily services offered. This approach favors reach on a large-scale and allows children to learn and practice healthy habits as part of their daily routine. When dental treatment is needed, school clinics are a less threatening alternative than private offices because of the familiarity of the staff and the clinic surroundings.

2a. Dental Screening

An oral health screening involves a physical examination of a child's mouth, including the lips, tongue, teeth, gums, and tissues. A common screening procedure called "Lift the lip" is used to examine a child's mouth. A dental chair and other dental equipment are not required to perform the screening procedure.

Screenings are conducted in the 55 kindergartens in the 8 camps: 3 in Beirut, 2 in North Lebanon, and 3 in South Lebanon.

Figure 1: Dentists Screening Children in One of the Classrooms



Table 1: Dental Screening Results in the 8 Camps

	No. of children	Female	Male	Treated teeth	Un-treated teeth	No. of Extraction needed
Beirut (3camps)	2250	1138	1112	2092	1657	170
South (3camps)	3430	1892	1538	2679	987	253
North (2camps)	2320	1141	1179	2876	2465	182
Total	8000	4171	3829	7647	5109	605

2b. Dmft Index

The dmft index is the key method that measures the caries experience in dental epidemiology that is then applied to primary dentition. The caries experience for a child is expressed as the total number of teeth or surfaces that is decayed (d), missing (m), or filled (f). The dmft index shows us the number of affected teeth in primary dentition. Scores range from 0 to 20 for children.

Table 2: Dmft Index in 8 Camps

Camp	Male	Female	Total
North	2.8	2.6	2.7
South	3.4	2.9	3.2
Beirut	2.8	3.2	3

2c. Height (cm) and Weight (kg)

Health care providers use these tools to monitor childhood growth and development.

Table 3: Average Height and Weight of Children during

1st Semester

Age Group	Average Height	Average Weight
5-6 years	114.1	18.5
4-5 years	106	15
3-4 years	94.1	13.5

Table 4: 2nd Semester

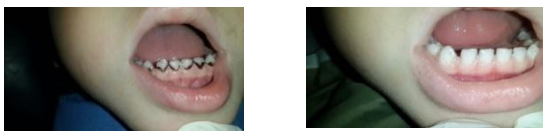
Age group	Average Height	Average Weight
5-6 years	115.9	20
4-5 years	107	17
3-4 years	94.4	16.1

2d. Dental Treatment

A range of dental treatment is provided – see table 5. The case examples below provide some illustrations of the problems faced in the camps as well as a case study that partially depicts the impact of our services.



Figure 2: Case Example 1 - Composite Filling for a 5-Year



Before

After

Figure 3: Case Example 3 - Scaling for a 4-Year-Old

Table 5: Type and Frequency of Dental Services Provided by the BAS Dental Clinics in 2016 (Ages 6 and Below)

Extractions	St.st crown	Composites	R.C.T.	Cement	Sealant	X-ray	Floride	Diagnostic	Plaque & calculus	periodontics
512	155	4307	655	312	510	205	8000	8696	148	73

2e. School Emergencies

After the child's home, school represents the second most influential environment in a child's life. In addition to commonplace child emergencies, students have been entering schools with increasing health problems. Consequently, the nurse has become the health care representative on site.

2f. Dental Health Education& milk feeding

A fundamental purpose of dental education is to help children establish good tooth brushing and smart diet habits for the prevention of dental diseases

Table 6 shows first aid treatments in 8 kindergartens

Kind of Treatment	Number
IM injection	82
Stitching/Suturing	28
Wound Dressing	92

3. FAMILY HAPPINESS PROGRAM AND CHILDREN’S REMEDIAL CLASSES

3a. Dental Health Education

The education component disseminates information on: 1) the causes of dental disease and decay of teeth/periodontium; 2) dental disease prevention (with special attention to the necessity of proper nutrition, regular and proper oral hygiene, and proper use of fluoride products); and 3) adequate dental treatment.

3b. Dental Treatment for Ages 7-18

Extractions	Fixed prosthesis	Composites	R.C.T.	Cement	Sealant	X-ray	Floride	Diagnostic	Plaque & calculus	periodontics
248	48	2130	672	312	420	618	-----	1067	68	65

Table 7: Type and Frequency of Dental Services Provided by the BAS Dental Clinics in 2016 (Ages 7-18)

4. MOTHERS AND STAFF

4a. Treatment of Mothers

Free Dental treatment is offered to the mothers of sponsored children and staff working with these children.

Table 8: Type and Frequency of Treatments for Mothers

Extractions	Fixed prosthesis	Composites	R.C.T.	Cement	Sealant	X-ray	Floride	Diagnostic	Plaque & calculus	periodontics
212	213	2130	460	312	420	620	----	587	65	56

4b. Health Education

Health education programs are most effective when the mothers and/or parents are involved. The programs can complement and reinforce what children are learning in school through conversational sessions with the professional educators.

5. TREATMENT OF ADULTS

Table 9: Type and Frequency of Dental Services Provided to Adults in 2016

Extractions	Fixed prosthesis	Composites	R.C.T.	Cement	Sealant	X-ray	Floride	Diagnostic	Plaque & calculus	periodontics
206	114	654	376	312	73	298	----	350	52	16

6. TRAINING FOR DOCTORS AND NURSES

Our partners in health organize trainings for our clinical staff to ensure we stay up-to-date with advancements in the field. Our friends at COI (Italy) organized a 3-day, cross-infection control workshop from May 18 through May 21.



7- CONFERENCES ATTENDED BY STAFF

- Lebanese Dental Association conference on 7/4/2016, Beirut, Lebanon
- Dental Implants Conference, Beirut, Lebanon
- Esthetic Bleaching of Teeth (Lebanese Dental Association) , Beirut, Lebanon



3- Family Guidance centers

The Mental health programs continued supported by our partners from different countries who were in permanent contact and follow-up of the activities through field visits and by attending some of the staff meetings and trainings.

I- Continuation of the following projects

a. “Towards the improvement of the support of vulnerable children in the Palestinian refugees camps in Lebanon” – SanteSud(2015 -2016)

- ADOS / Autism Diagnostic Observation Schedule :
- VINELAND , CPT and Tea-CH
- Portage
- New trends in Behavior management

b. Sponsorship of Multiple Special Needs children / MSN

The sponsorship project has been sustained with emergency funds approved by the French Crisis and Support center / Centre de Crise du MAEDI.

c.Promoting Music Therapy and Community Music Resources in the Palestinian Camps of Lebanon” – WELFARE Association (2015 -2017)

- Music Therapy Project
- Community Music project
- “Music and Resilience Support” – MARS project (2015 – 2017)

4. “Improving the living conditions of Palestine refugees in Lebanon” - EU Spring Funds – UNRWA (2015)

II- NEW PROJECTS LAUNCHED

Medico-social care and education for refugee children in Lebanon

The overall objective of this project is to contribute to the improvement of the mental well-being of vulnerable children in the refugee camps in Lebanon and to strengthen the medico-social care and education for those children.

I 4- Interventions

4-1. Main disorders and pathologies encountered during 2016

PSYCHOLOGICAL AND PSYCHIATRIC CONDITIONS	MEDICAL CONDITIONS
DEVELOPMENTALDISORDERS:	HEARING IMPAIRMENT
MENTAL RETARDATION	VISUAL IMPAIRMENT
MOOD DISORDERS :Depression	PHYSICAL DISABILITIES DUE TO WAR INJURIES
PERSONALITY AND RELATIONAL DISORDERS	CONGENITAL ANOMALIES: Cleft Palate
ANXIETY AND EMOTIONALDISORDERS:	GENETIC DISORDERS
TRAUMAS	LEARNING DIFFICULTIES



4-2-figures showing increased number of children from Syria

Center	Year			
	2013	2014	2015	2016
	Syrian	Syrian	Syrian	Syrian
FGC Beirut	24	45	51	90
FGC Saida	09	09	14	05
FGC Al Buss	09	05	10	08
FGC Beddawi	18	18	19	16
FGC Nahr el Bared	00	04	04	02

Center	Year			
	2013	2014	2015	2016
	Pal.Syrian	Pal.Syrian	Pal.Syrian	Pal.Syrian
FGC Beirut	17	07	01	00
FGC Saida	20	24	13	10
FGC Al Buss	57	22	23	11
FGC Beddawi	16	16	14	17
FGC Nahr el Bared	10	38	20	00

4-3. Clinical Interventions and Activities towards the Community

Therapeutic and clinical work went in parallel with of awareness sessions organized by the social workers and some of the professionals at the 5 FGcs

4-4. Meetings

Weekly or bi-monthly staff meeting was held in addition to meetings with many visitors to the different centers.

4-5. Therapeutic sessions by Social workers

Continuous on job and off job trainings offered to the group of social workers internally at the FGC allowed them to implement therapeutic sessions in various disciplines.

4-6. Home visits

Done by the social workers on regular basis to families of children followed at the centers

FGCs : Children seen at the clinics during 2016

Number of :	BEIRUT	AL BUSS	SAIDA	BEDDAWI	NAHREL BARED
New patients	207	85	78	200	139
Visitors & beneficiaries	328	216	172	133	201
Psychiatry FU sessions	448	70	103	144	116
Referrals Psychotherapy	34	64	26	112	27
Psychotherapy FU sessions	181	677	168	468	187
Referrals to Speech Therapy	40	39	47	49	38
Speech Therapy FU sessions	1284	502	127	346	440
Referrals Psychomotor therapy	27	12	40	29	17
Psychomotor therapy FU sessions	845	421	144	314	44
Referrals Occupational therapy	NA	16	NA	NA	NA
Occupational therapy FU sessions	NA	296	NA	NA	NA
Referrals Special Education	NA	NA	NA	30	28
Special Education FU sessions	NA	NA	NA	332	326

Cognitive evaluations	51	35	01	29	01
Home visits	29	505	168	97	225
Sponsored children					

5- Staff Care activity

12 therapists and social workers from the different clinics participated in the program organized by the Finnish partners.

6-Internship and Trainees at the centers

- Doctors from the AUH -Beirut Family Medicine Department , 2 students from the Psychomotor therapy department - at "Saint Joseph University in Beirut" (2015-2016) , 3 new trainees from the same department (2016-2017 , 4 students from the university of Tromsø – Oslo in Norway

7-Conference 2016

The 10th annual conference for the year 2016 entitled **Being Palestinian, Human rights, identity and mental health** commemorated 20 years of the Mental Health work and services and 10 years of this annual event supported and sponsored by NORWAC .

8- External evaluation of the projects: north and south

Evaluation of projects in the north and the south was initiated by the Finnish Psychologists for Social Responsibilities and the Finnish Arab Friendship society.

Evaluation of the project "Towards the improvement of the support of vulnerable children in the Palestinian refugees camps in Lebanon" initiated by SanteSud

8- Publications

A "Methodological Guide Based on the Experiences of two Multidisciplinary Mental Health Teams in Working with Children and Families in Palestinian Camps", was completed documenting 6 years of common experience between the mental health project and Handicap International.

9--Activities abroad

NISCVT took part in the Lancet conference on "Palestinian Health" held in Jordan, March 2016 through a Poster presentation on the Music Therapy project.

10. What was achieved?

- Launching the five years strategic plan
- Recruitment of specialists in the missing disciplines especially for the FGCs Saida and Nahr El Bared .
- Studies and researches done at a limited scale inside some of the Centers and results presented at the annual conference
- Beginning of staff care activities
- Reduced specialists turn over.
- An increased focus on the Community oriented approach pursued at FGC Al Buss
- Trainings in specific topics and on the use of specific tools addressed to Social workers and to the team of professionals (ADOS, Vineland, CPT, Portage, Teach)
- Shorter waiting lists through more focus on home based intervention and better follow-up with families, provision of guidance and counselling.



4- Reproductive Health Services

Reproductive health is well known to be the key element of public health and national development.

Reproductive and sexual ill health account for a high proportion of the disease burden among individuals, families and communities and has broad impact on social and economic development". Hence, the importance of such service and NISCVT commitment to continue providing this service with its unique approach by providing treatment, counselling, home visits and knowledge. In addition to that, a special peer education addressing the needs and problems of our youth.

The project completed its ten years in providing professional services to the local Palestinian community in five camps added to that the Palestinians from Syria PRS and a considerable number of Syrians and other nationalities, mainly poor people living around the camps.

1-Services and work system: the professionals at the clinics provide beside treatment, medicines, ultra sound, pap smear and urine tests for each patient, contraceptives, lab referrals for more specialized tests, private counseling and upon need referrals to the family guidance center for psychological assistance.

The clinics have well established procedures and a functioning mechanism for registration, communication, infection control system and data analysis, in addition to evidence-based information and opinions from the beneficiaries, and specific focus on family planning, counseling, home visits, information provision and friendly services for adolescents and youth.

2- Results & outcome

The year 2016 provided a real indicator to the vital need for such service as the number of patients reached 7261 of which 80% were females and 29% refugees from Syria (PRS & Syrians). Through the financial support from the Embassy of Norway the project continued and we were able to replace three Ultra Sound machines with new modern ones. This increase in the number of patients is an indicator to the vital need of the project and our conviction that a similar clinic in Ein El-Helweh camp is highly needed due to the exceptional approach of the project in addition that this camp is the largest with the higher number of inhabitants.

From another side the peer education program implemented 274 awareness sessions with 3489 youth participants of whom 59% were females and 19% refugees from Syria, in addition to 50 mothers. In addition to the above sessions 3 residential workshops for peer leaders were executed, 3 workshops for the social workers and seven workshops on theater training and video production.

The program uses active learning methodology and includes a cycle of sessions tackling the following topics: adolescence and its physical and emotional changes, early and kin marriages, sexually transmitted diseases, domestic violence and sexual abuse, family relations, communication skills, conflict resolution, decision making, risk behaviors, gender and bullying. Every participant must finish this cycle and upon completion a picnic is organized as an incentive and a thank you gesture for those youth. Other important indicators like change in knowledge and attitude are observed during the sessions, residential workshops, questionnaires and discussions. We can view positive signs for such change but it is still not enough since the change in behavior outside the centers is not firmly identified yet. However, in spite of the extremely limited budget for the project great efforts were exerted to include other camps on our agenda like Shatilla, Baalbeck and mainly Ein El-Helweh with its largest Palestinian community, and this was a real development and a resourceful addition to the program, as the social worker was able to approach girls with special needs and was careful to focus on the topic of sexual abuse, as such girls can be an easy victim.

We seize this opportunity to ask our friends from different nationalities to invite youth from their countries to join this program to open a dialogue with our youth, exchange views on the difference and common factors between cultures and values as a way for reconciliation, tolerance and acceptance of the different other from both sides.

3-Documentations: sessions and workshops given along the past few years included diverse subjects implemented through active learning method games, role playing, and many practical activities were documented to be gathered in a guide book so it can be a reference for the peer leaders after giving them a special training on how to use it.



Peer education Participants according to gender and nationality (2016)

Camps	No of sessions	N. of participants			Total		Nationality		
		Girls	Boys	Mothers		PRL	PRS	Syr.	Leb.
Burj al barajnieh	36	259	122		381	250	30	101	
chatila	21	223	105		328	298	29		1
Marelias	9	72	22	11	105	97	6		2
Baalbeck	23	182	65	5	252	216	36		
Rashidieh	30	208	194	15	417	363	52	2	
Burj shemali	31	302	81		383	178	169	36	
Ein helweh	33	307	129	6	442	421	21		
Naher bared	39	196	265	7	468	407	61		
Beddawi	52	322	385	6	713	581	78	49	5
Total	274	2071 (59%)	1368 (39%)	50	3489	2811	482	188	8

Clinics' patients according to each professional: 2016

Center	total	Urologist	gynecologist	Males	females
Beddawi	1679	924	755	509	1170
NBC	2000	1082	918	514	1486
Rashidieh	1135	191	944	122	1013
Burj El-Shemali	1210	295	915	175	1035
Burj El-Barajneh	1237	316	821	153	1084
TOTAL	7,261	2,808	4,353	1,473	5,788
				20%	80%

Patients according to marital status

Center	new	old	married	single	engaged	divorced	widow
BEDDAWI	703	976	1296	363	8	8	4
NBC	740	1260	1465	514	8	9	4
RASHIDIEH	236	898	901	195	5	18	15
BURJ EL SHEMALI	270	940	1000	187	17	3	3
BURJ EL BARAJNEH	474	763	1138	93	0	6	0

Patients according to nationality

Center	PRS	PRL	Syrian	others	under 30	over 30
BEDDAWI	54	1275	291	59	925	754
NBC	130	1821	12	37	1120	880
RASHIDIEH	172	846	100	16	683	451
BURJ EL SHEMALI	295	701	182	32	714	496
BURJ EL BARAJNEH	98	345	740	54	730	507

Center	Counseling
BEDDAWI	1679
NBC	2000
RASHIDIEH	1134
BURJ EL SHEMALI	1210
BURJ EL BARAJNEH	1237

Ultra sounds	3692	
pap smear	278	
Lab tests	60	
Culture smear	65	
camp	Home visits	Participants
Beddawi	67	1675
NBC	45	758
Rashidieh	62	558
Burj el shemali	63	882
Burj barajneh	102	1021
Total	339	4894



5- Psychosocial project:

This project was funded by UNICEF and managed by Medical Aid for Palestinians (MAP UK) since 2014, targeting the children and families who fled the Syrian conflict and took refuge inside the Palestinian camps and gatherings. Five other NGOs are working in this project in addition to UNRWA. BAS is working in the centers of Burj El-Shemali, Rashidieh, and Naher El-Bared in addition to UNRWA clinic in Rashidieh. This special project provides multi disciplinary services combining psychological, social, medical, recreational and nutritional support. A meal is provided for the children once a week.

The target groups are children from 3 – 18 years in addition to their parents both mothers and fathers.

Skilled social workers were given intensive training along with professional psychologists constitute the staff of this project. Children in need for treatment either physical or psychological are referred to the FGC or UNRWA clinics.

The planned work include different activities: recreational, cultural, sports, outdoor activities, art, games, personal hygiene, life skills in addition to celebrating special events such as child day, earth day etc..

The parents program include beside the recreational activities, training on life skills and awareness sessions on different topics such as domestic violence, gender issues , growth and adolescent problems, stress management etc..

Number of Beneficiaries:

Children **4213** boys (**65%**) and **2302** girls (**35%**) a total number of **6515**

Parents **1099** males and **1376** females, a total number of **2475**

Children referred to the FGC clinics **391**

2988 children were referred to UNRWA clinics and **830** referrals from parents.

In kind distributions:

239 children kits

950 hygiene kits

125 mats distributed to be used during the children activities.

All children received a healthy meal once every week



V-NISCVT Staff

a- Staff training

Center	No of Participants	Female s	Males
Burj El-Barajneh	228	223	5
Shatilla	81	78	3
Mar Elias	2	2	
Beddawi	14	13	1
Naher El-Bared	125	110	15
Ein El-Helweh	9	9	
Rashidieh	18	16	2
Burj E-Shemali	101	78	23
El-Buss	11	10	1
Baalbek	6	5	1
TOTAL	595	544	51

b- Staff in each center

Center	Full time	female	male	Part time	female	male
Burj El-Barajneh	16	15	1	11	5	6
Shatilla	13	12	1	5	3	2
Mar elias	2	2		7	6	1
Beddawi	16	13	3	17	12	5
Naher El-Bared	19	13	6	23	13	10
Ein El-Hewleh	13	13		7	6	1
Rashidieh	26	22	4	11	6	5
Burj El-Shemali	20	15	5	16	6	10
El-Buss	13	12	1	7	4	3
Baalbek	2	2		7	6	1
TOTAL	140	119 (85%)	21 (15%)	111	67 (60%)	44 (40%)

c- NISCVT Over all staff

Full time	Females	Males	Part time	females	males
155	127 (82%)	28 (18%)	121	70 (58%)	51 (42%)

Combined number of staff between FT and PT is 276 of which 71% are females and 29% are males, hence NISCVT create job opportunities for a substantial number of persons, which is one of the most effective human development drives.

VI- Visitors & volunteers 2016

Center	sponsors	journalists	delegations	Volunteers	other
Burj El-Barajneh	13	2	132	12	81
Shatilla	7	10	44	20	6
Mar Elias	1	8			
Beddawi	1	1	25	13	15
Naher El-Bared			15	30	22
Ein El-Hewleh	2				
Rashidieh	8	3	121	9	196
Burj El-Shemali	14	13	79	35	90
El-Buss	1	2	50	19	12
Baalbeck	1		36		
TOTAL	48	39	502	138	332

VII- Conclusion: forty years and still going on:

Forty years passed on the first initiative to rescue the children of Tal-Elzaatar in the year 1976. The past is still alive among us; deeply rooted inside the collective memory of our people. It leads us to recall the great resilience and determination of our people and workers, still striving for survival and confronting all kinds of brutalities and discrimination.

This memory also embrace with great passion the supportive solidarity of our friends who stood by our people during the darkest and most dangerous moments and still believe in our right to resist injustice and look forward for a sustainable peace while facing a cruel propaganda directed against the whole population in the region and defaming our just cause.

Together we have passed through catastrophic events and extremely inhuman incidents along the past forty years, yet nothing broke our peoples' will to continue struggling for justice, freedom and peace.

VIII- ANNEX: In kind donation and distribution scheme

	In kind aids	number of beneficiaries	place of distribution	Donor	Notes
	Distributions				
1	winter clothing	1300 children	All BAS KG children and children of Remedial classes in Baalbek, Shatila and BourjAlBarajneh	CCP-JAPAN	
2	Diesel fuel	700 PRL and PRS families	West and East Beqaa	CCP-JAPAN	distribution took place 4 times during 2016
3	Baby kits	160 pregnant	Shatila, BourjAlBarajneh, Baalbek and Saida	CCP-JAPAN	distribution took place several times during 2016
4	Hygiene kits and diapers	2410	Beddawi, Naher ElBared and Baalbek	UNDP	
5	Food meals	150	Shatila	CCP-JAPAN	
6	Food parcels	700 PRS and PRL families	Wavel camp	CCP-JAPAN	distribution took place 7 times during 2016
7	Food parcels	100 PRS and PRL families	Wavel camp	CCP-JAPAN	
8	woolen clothes(shirts, socks, gloves, and shawls)	500 children	Baalbek	F.A.F.S/ Finland	
9	Hygiene kits	65 families	BourjAl-Barajneh	Doctors without Border	
10	Food parcels	150 families	different camps	charitable people	
11	clothes	145 children	BourjAlShemali camp	ULAIA ARTE SUD ONLUS	
12	meat portions	343 families	different camps	charitable people	
13	EidAlFitr Clothing	1113 children	sponsored children in all the camps	sponsors and BAS	within the family happiness project
14	Woolen socks and shawls	89 children	Baalbek	Mrs. Vinky from Norway	children of Remedial classes
15	woolen socks and shirts	25 children	Baalbek	Sandra and Eric From Norway	
16	Dream bags	6600	KG children of BAS and all kindergartens in all camps	RKK-JAPAN	
17	Baby kits	158	Rashidieh, BourjAlShemali and ElBus	MAP-UNICEF	
18	Hygiene kits	650	Rashidieh, BourjAlShemali and ElBus	MAP-UNICEF	within Psychosocial support Project
19	Educational Games	962	All BAS KG children and KG children of INNASH kindergarten	Palestinian children's Initiative	
20	TOMS shoes	962	All BAS KG children and KG children of INNASH kindergarten	ANERA	

21	Tooth paste	665	All BAS KG children		
22	Shampoo	500	Naher ElBared camp		
23	Hygiene kits and food parcels	500 PRS families	BourjAlShemali camp	Catalana- Spain	
24	Food parcels	20 families	Shatila camp	Mr. Gilbert Goh From Singapore	
26	Bread	1650	Shatila camp	charitable people	
28	Hair brushes and shawls	94 mothers	BourjAlShemali camp	UNICEF	
30	financial aids	101 families	different camps	charitable people	